

# Predictive Testing For Cancer

## Information Guide

### **Predictive testing for high risk genes that predispose to cancer**

This leaflet has been designed to explain the steps involved in a predictive test for the high risk genes that predispose to cancer.

When a specific gene fault is identified in a family, a predictive test will show whether someone has inherited the faulty copy of the gene and whether he/she has a high risk of developing specific cancers.

Predictive testing usually involves 3 appointments. It is important that you take as much time as you need before deciding to go ahead with testing. We understand that this process may seem very long, but our protocol is based on the experiences of people who have been through predictive testing in the past and the things they have found most helpful.

### **You do not have to convince us to test you.**

It is your decision whether or not to have the test. We are here to give you information on the options available to you, to help you think through the issues before making your decision and to help you prepare for the result if you decide to be tested.

### **First predictive test appointment**

The first appointment you receive will be with one of the members of the genetics team. This appointment is to enable us to meet you and exchange information. We welcome and encourage you to bring someone along to this appointment who can be there to help and support you.

We need to know about your family history of cancer so that we can ensure we are testing for the right condition. This appointment also gives us the opportunity to explain the cancer risks associated with the condition, how it is passed on in families, and your chance of having inherited the faulty copy of the gene.

We will explain how the test works and what its limitations are. We will also talk about the effect a 'good news' or 'bad news' result might have on you and your family. The issues we consider are practical things like the impact of having the test on your working life or if there are financial implications of having the test. We will also talk about your options for screening and/or about risk reducing surgery. You will also have the opportunity to discuss the emotional impact of having the test and to consider the way a result might affect family relationships and how having a test might affect the way you feel about the future.

Following this appointment, we wait for you to contact us before arranging to see you again.

**No testing will be done at your first appointment.**

## **Second predictive test appointment**

This appointment is arranged once you have been back in touch with us to confirm that you want to go ahead with a predictive test. It gives you the chance to talk through any matters that may have changed or arisen since your last appointment. If you wish to go ahead with testing, a blood sample can be taken at this appointment. We arrange your appointment to come back for your result when the blood sample is taken. We usually receive results within 4 weeks and so the results appointment will be arranged for between 4-6 weeks after your blood sample is taken.

## **The results appointment**

This appointment is to give you the results of the test in person. We ask that you bring someone with you when you come for your result. Further appointments will be made depending on the result of the test.

## **Zero tolerance Policy**

We are committed to the well-being and safety of our patients and or our staff. Please treat other patients and staff with the courtesy and respect that you expect to receive. Verbal abuse, harassment and physical violence are unacceptable and will lead to prosecutions.

## **Smoking**

The NHS has the responsibility for the nation's health.

Protect yourself, patients, visitors and staff by adhering to our no smoking policy. Smoking is not permitted within any of our hospital buildings or grounds.

The Manchester Stop Smoking Service can be contacted on Tel: (0161) 205 5998 ([www.stopsmokingmanchester.co.uk](http://www.stopsmokingmanchester.co.uk)).

## **Suggestions, concerns and complaints**

If you wish to make a comment, have a concern or want to complain, it is best in the first instance to speak to the manager of the ward or department involved.

The Trust has a Patient Advice and Liaison Service (PALS) who can be contacted on (0161) 276 8686 and via e-mail: [pals@cmft.nhs.uk](mailto:pals@cmft.nhs.uk). They will help you if you have a concern, want advice or wish to make a comment or complaint.

Information leaflets about the service are readily available throughout the Trust. Please ask any member of staff for a copy.

## Translation and Interpretation Service

Do you have difficulty speaking or understanding English ?

আপনি কি ইংরেজীতে বুঝতে কিংবা বুঝাতে পেরেছেন ? (BENGALI)

क्या आपको अंग्रेजी बोलने या समझने में कठिनाई है ? (HINDI)

તમે ભાષા કારણે વાતચીત કરવામાં મુશ્કેલી આવે છે ? (GUJARATI)

ਕਿ ਤੁਹਾਨੂੰ ਅੰਗ੍ਰੇਜ਼ੀ ਬੋਲਣ ਜਾਂ ਸਮਝਣ ਵਿਚ ਦਿਕੜ ਹੈ ? (PUNJABI)

Miyey ku adagtahay inaad ku hadasho Ingriisida aad sahamto (SOMALI)

هل لديك مشاكل في فهم اوالتكلم باللغة الانجليزية ؟ (ARABIC)

你有困難講英語或明白英語嗎？ (CANTONESE)

کیا آپ کو انگریزی سمجھنے اور سمجھانے میں دقت پیش آتی ہے؟ (URDU)

☎ Telephone 0161 276 6202 / 6342

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